Lecture 7 Dynamical Gormlation of GR D'Slice the 4-manifold into 3 dim hypersusfaces Z (2) Introduce (3) gij on the hypersustace > understood 3" Lapse" and "shift" (three) functions which specify the evolution of gij as we move through the I's

M2 / [MTW] $Z_2 N$ "Shifts" $\chi^{2}_{Z_{2}}(\mathbf{x}^{m}) = \chi^{2} - N^{2}(t, \mathbf{x}, \mathbf{y}, \mathbf{z})dt$ "Laps" of proper time dT = N(t,x,y,z)dtNote the Z-foliation is chosen such that each Z is osthogonal to a "congenence" of timelike geodesics. Congenence: A family of arrives In an open set of the manifold 5, t. given any point only one curve from the family parses through it.

Thus, let za be the tangent vector field of the congruence -> Z orthogonal to all vector fields 1-param vector field integral curves (=> can be used to congruence > vector field Here we demand 33=-1 Orthogonality of 3ª to I means Jab + Zazb (3) gab =

Note $\leq^{(3)}_{0cb} = \leq^{(3)}_{b} \int_{cb} \int_$ [[Wald] Thus saturning to MTW, $ds^{2} = -(Ndt)^{2} + g_{ij}(dn^{2} + N^{2}dt)$ $+ (dn^{j} + N^{j}dt)$ Goal : Express Einstein equations in these variables (9; N', N) Extrinsic currature MTW: M E Za Wald $(4) \nabla_{j} M = -K_{2}^{j} \mathcal{C}_{j} \int m within \Sigma$ i.e. (4) $\nabla_{i} = -K_{i}^{a}$

Note since
$$m \cdot m = -1$$
,
 $m \cdot ({}^{(4)}\nabla_{i} m) = 0$
 $\implies {}^{(4)}\nabla m$ can be decomposed
only using spacelike \mathfrak{E}_{j} .
Then $K_{im} = K_{j}g_{im}$
We can show
 $K_{im} = K_{mi}$ || check
This tensor defined on every
hyperswepace Σ is a measure
of how Σ is "curved" within
the 4-d manifold $Sm = -K(Sz^{i})$
 $m A$ A A

We can show using

$$N_{i}|_{k} \equiv N_{i}_{i}|_{restricted}$$
 to Z
we can obtain
 $K_{ik} \equiv \frac{1}{2N} \left(N_{i}|_{k} + N_{k}(i - \frac{\partial g_{ik}}{\partial t}) \right)$
 $= \frac{1}{2N} \left(\frac{\partial N_{i}}{\partial z^{k}} + \frac{\partial N_{k}}{\partial z^{i}} - \frac{\partial g_{ik}}{\partial t} - 2\Gamma_{pik}N^{p} \right)$
 $vhese^{(3)}\Gamma_{mhi} \equiv \Gamma_{mhi} = \mathfrak{C}_{m} \cdot \nabla_{i} \mathfrak{C}_{h}$
i.e. $A_{hli} = \mathfrak{C}_{h}^{(3)} \nabla_{e_{i}} A$
 $= \frac{\partial A_{h}}{\partial x^{i}} - A^{m} \Gamma_{mhi}$

Then using this tensor we have $-G_{0}^{\circ} = {}^{(4)}R_{12}^{\prime 2} + {}^{(4)}R_{23}^{23} + {}^{(4)}R_{31}^{37}$ $=\frac{1}{2} \frac{1}{R} - \frac{1}{2} \frac{1}{n \cdot n} \left[(Tr K)^{2} - Tr (K^{2}) \right]$ Recall, St the 10 equations, Go and Gi involve only gry and gry but no grev Hence "constraint"s $G_i^n = -(m \cdot m) \left[K_{i|m}^m - (T_r K)_{i} \right]$ Gi -> dynamical but complicated

Hamiltonian formulation
Start with Lagrangian
$$L(q, q)$$

Define $p = \frac{\partial L}{\partial q}$
Invest the above: $q(p)$
 $H = p q(p) - L(q, q(p))$
 $\equiv H(q, p) \rightarrow defined$
on the phase
The proceduse fails for
(1) Systems with L first degree
homogeneous in q
(2) more generally somehow
 $p_a \equiv \frac{\partial L}{\partial q_a}$ are not
invertible

Relativistic particle: $L = \frac{M}{2} \frac{dx}{dz} \frac{dx}{dz}$? $u^{\mu}u_{\mu}=-1$ $p^{M} = \frac{\partial L}{\partial u_{p}}$ then $p^{M} p_{p} = -m$ $2 u_{p} = 2$ $E^2 = |\vec{p}|^2 + mc^4$

Next time: Lichnerowitz - Choquet Bruhat + Yosk data

 $\binom{3}{9}$